

Tickets to ride

The Lake District National Park is the largest of England's National Parks and has plenty to offer its visitors. It has some of the most stunning landscapes in the UK, with mountain peaks towering over beautiful lakes, large areas of forest, an attractive coastline, and busy tourist resorts and market towns. This is an area for challenging outdoor pursuits. You can climb the highest peaks in England, take a mountain bike through forest, or hike across wild moorland passes. Or you can just stroll around one of several picturesque lakes, or take a relaxing boat trip across one of the lakes to admire breathtaking scenery. There is also an excellent network of Youth Hostels making this one of the best places to stay for hostelling.



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Travel information

Traveline 0871 200 22 33, www.traveline.info

Transport Direct www.transportdirect.info

National Rail Enquiries 08457 48 49 50, www.nationalrail.co.uk

Bus Timetables from Cumbria County Council:
www.cumbria.gov.uk/buses

Main bus operators in the area

Arriva 0844 800 44 11, www.arrivabus.co.uk

Stagecoach North West www.stagecoachbus.com

Mountain Goat 015394 48600.

Visitor information

Lake District National Park Authority

www.lakedistrict.gov.uk 01539 724555

Cumbria Tourism

www.golakes.co.uk 01539 822222

Youth Hostels in the area www.yha.org.uk

Ambleside	0845 371 9620	1	Grasmere	0845 371 9319	13
Arnside	0845 371 9722	2	Grasmere Buthartyp Howe		
Black Sail	0845 371 9680	3		0845 371 9319	14
Borrowdale	0845 371 9624	4	Hawkshead	0845 371 9321	15
Buttermere	0845 371 9508	5	Helvellyn	0845 371 9742	16
Cockermouth	0845 371 9313	6	Honister House	0845 371 9522	17
Coniston Coppermines			Kendal	0845 371 9641	18
	0845 371 9630	7	Keswick	0845 371 9746	19
Coniston Holly How	0845 371 9511	8	Langdale	0845 371 9748	20
Derwentwater	0845 371 9314	9	Patterdale	0845 371 9337	21
Elfenwater	0845 371 9017	10	Skiddaw House	07747 174293	22
Ennerdale	0845 371 9116	11	Wastwater	0845 371 9350	23
Eskdale	0845 371 9317	12	Windermere	0845 371 9352	24

Use the reference numbers to find the approximate location of the hostel on the map.

Hostels shown in green are over 1 mile from the nearest bus stop. Other hostels may have limited seasonal public transport service.

The **North West Explorer** ticket is valid on all Stagecoach buses in Cumbria and Lancashire. It costs £9.75 adult, £6.50 child, £5.90 concessionary, £19.50 group (up to 2 adults with up to 3 children).

Trains to Windermere: Off Peak Day Return from Preston: £15.10, from Manchester £20, Lancaster £12.60 and Blackburn £18.

A **Windermere PlusBus** ticket includes the bus journey to Ambleside and Grasmere, see www.plusbus.info

Windermere Bus and Boat Rider costs £9.25 and includes the 599 bus service, Lakes Rider open-topped buses and a boat trip on Windermere Lake Cruises between Bowness, Waterhead and Ambleside.

Central Lakes Day Rider costs £6.50, allowing unlimited bus travel between Bowness and Grasmere plus bus 505 to Coniston and bus 516 to Dungeon Ghyll (not valid between Kendal and Windermere).

Trains to Ravenglass From Manchester: around £20 if booked in advance travelling on particular trains. Lancaster: Day Return £19, Preston £20.90, Blackburn £23.40. Reductions are available for an inclusive ticket on the Ravenglass & Eskdale Railway if a Day Return ticket is bought at a railway station. No Sunday service.

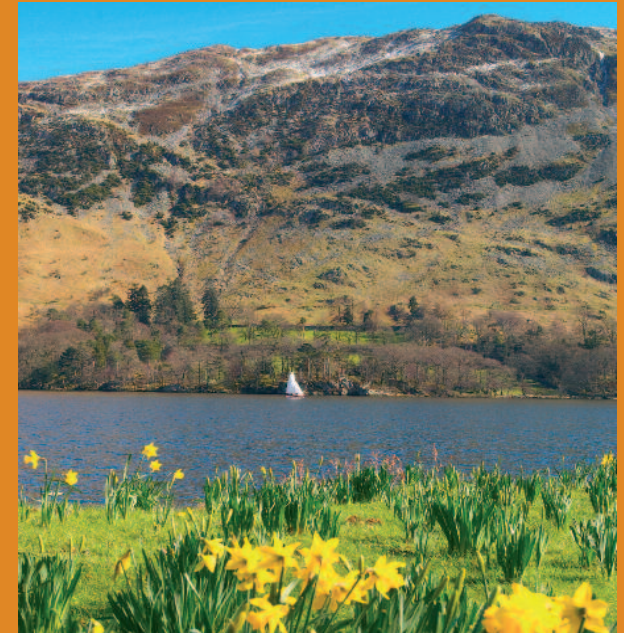
A **Lakes Day Ranger** ticket allows train travel from Lancaster to Windermere and along the Cumbrian Coast railway as far as Workington - available after 0845 Monday to Fridays and all day weekends. Includes bus services and selected boat trips in the area. £19 adult, £9.50 child, £37 for a family (up to 4 people, max 2 adults). Also, third-off for Railcard holders: 16-25 yrs, Senior and Disabled.

This leaflet was created as part of Mosaic, a project led by the Campaign for National Parks that aims to build links between ethnic minority communities in a selection of 20 cities across England, and the National Parks. As such this leaflet is not intended as a comprehensive resource of public transport options from all cities to the National Parks; it focuses on a selection of towns and cities that are part of the Mosaic project. The leaflet also does not include an exhaustive list of all public transport options available within the National Park, but rather provides a selection of public transport options for places that are easy to visit.

Mosaic Funders



Explore the Lake District National Park



Lake District National Park



Discover some of England's finest countryside from Lancaster, Preston, Blackburn and Manchester the greener way - by bus and train



Building links between Ethnic Communities & National Parks

Lake District National Park

There is so much to see and do in the Lake District National Park, and it is just a short journey away! This is a guide to the best routes into the National Park, ideas for places to visit and for the right tickets for your day out.

The Lake District is well served by public transport, with a busy railway branch line from **Oxenholme** off the West Coast main line to **Windermere**, and the scenic **Furness** and **Cumbrian Coast** lines to the west and south. The Lakeslink 555 bus service runs direct from Lancaster and Kendal to Windermere, Ambleside, Grasmere and Keswick through the heart of the National Park.

Windermere, one of the most popular centres to explore the National Park, lies on a dense network of connecting modes of transport. The 599 open-top Lakeland Experience Bus connects Windermere railway station with Bowness. From Bowness, take the Windermere Lake Cruises boat down the length of England's largest lake to Lakeside for the spectacular Aquarium, or catch the Lakeside and Haverthwaite steam railway for an old-time travel experience through lakeland countryside.

Get off the 555 or 599 bus at **Brockhole**, north of Windermere, for the Lake District Visitor Centre with gentle lakeside walks, gardens, regular events, exhibitions and café, then continue on to the popular resort of **Ambleside** (connection on Coniston Rambler Bus 505 to Coniston) and **Grasmere**.



- Key**
- Bus Route
 - Railway with Station
 - Youth Hostel (see overleaf for locations and telephone numbers)

Remember to always check bus and rail times and days of operation before travelling.

If you're planning a walk, wear boots or strong trainers. Take rainwear, warm clothing, food and plenty of drink and a large scale map (Ordnance Survey Explorer Maps OL 4, 5, 6 and 7 recommended).

Cover photo: Ullswater © Brian Sherwen courtesy of Cumbria Tourism

Lake Windermere and Langdale Pikes

Derwentwater

Services and fares are subject to change. Some services are seasonal.

Bus 555 continues over spectacular Dunmail Raise Pass to Thirlmere and the busy tourist centre of **Keswick**. From here you can walk or catch a boat around **Derwentwater**, take the scenic Borrowdale Bus 77A/78 to Seatoller or enjoy a choice of challenging mountain walks, for example to the summits of **Skiddaw**, **Helvellyn** or **Blencathra**.

Another great way to the mountains of the Lake District is the narrow gauge steam **Ravenglass & Eskdale Railway** (www.ravenglass-railway.co.uk) which is a great way to travel up Eskdale. The railway is paralleled by a traffic free cycle trail - there is even a cycle hire at Ravenglass station and the railway can carry bikes.



'Ratty' on the Ravenglass and Eskdale Railway

The Cross Lakes Experience lets you explore Coniston Water, Windermere and use the linking **Mountain Goat** bus. The buses run approximately every hour from late morning to mid afternoon on weekends and Bank Holidays, and daily in July, August and September. The buses have been equipped to carry bicycles and the service has been integrated with the Windermere Lake Cruises to Hawkshead, and with the Coniston Launch ferry services. Both ferries also carry bikes. (www.lakedistrict.gov.uk/crosslakes).

