

# Discover The Sefton Coast

# FRESHFIELD

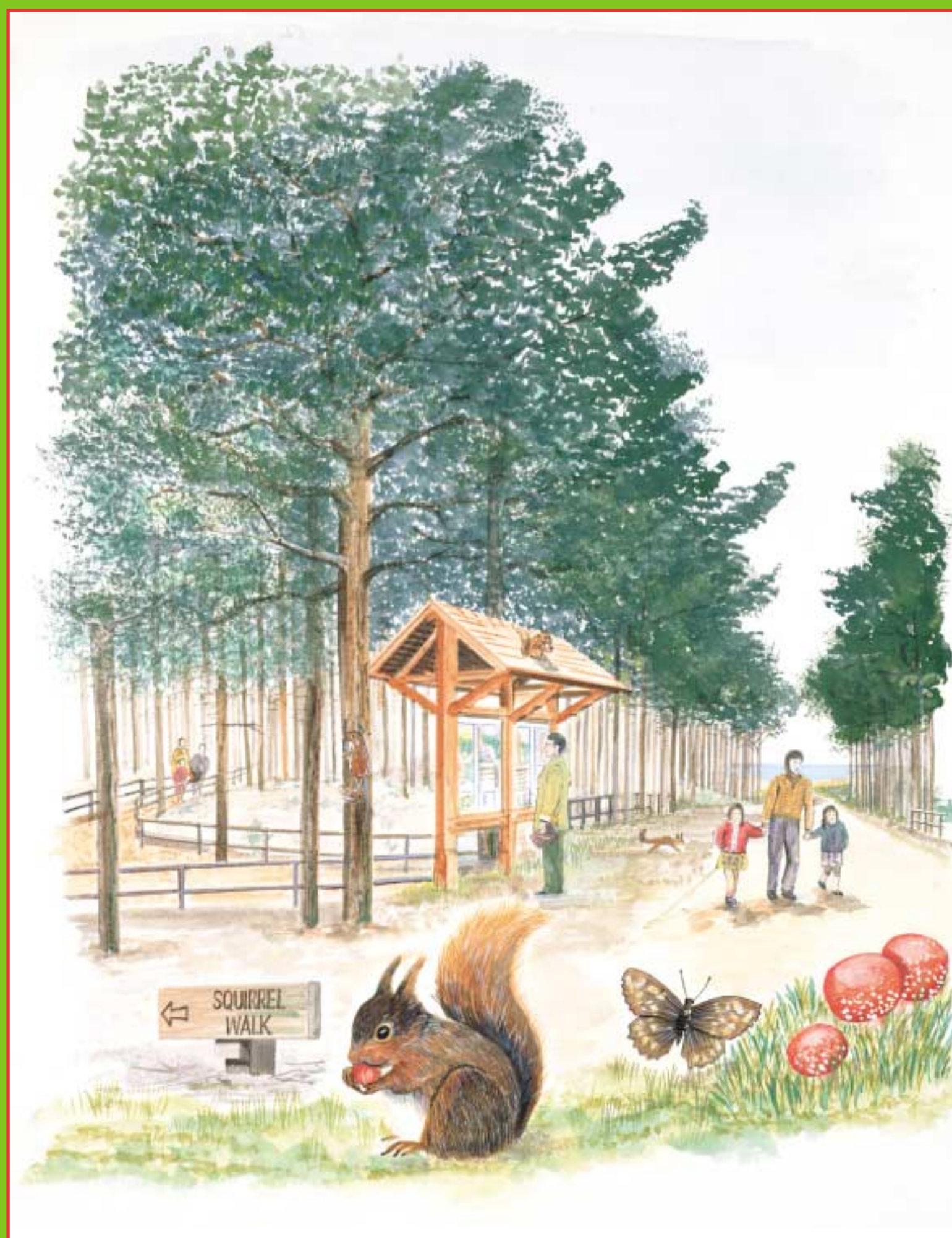
## Home of the National Trust's Red Squirrel Reserve



**KEY**

	Bathing Beach		Merseyrail Station
	Beach Marker Post		National Trust
	Car Park		Picnic Area
	Church		Public House
	English Nature		Public Telephone
	Footpath		WC Toilets
	Golf Course		
	Level Crossing - Beware of trains!		

Whilst every care has been taken to ensure the accuracy of the information given here, neither Sefton Council nor Merseytravel can be held responsible for any inconvenience arising from any errors or inaccuracies.  
Maps are diagrammatic and distances indicated are approximate.  
November 1994



### Welcome to Freshfield

#### To Beach



A pleasant 10 minute walk brings you to the entrance of the National Trust's Freshfield reserve. The direct route to the beach is a continuation of Victoria Road, to a large car park with boardwalks over the dunes to the beach. Toilets are available near the reserve entrance.

For a more remote section of beach take Fisherman's Path to the shore (about 2 hours there and back).

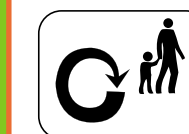
#### Station to Station



Formby Point has many linked paths. It is very easy to plan a walk of about 3 miles which finishes at Formby Station, via the pinewoods and open dunes. Exit from the dunes near St Luke's Church.

A walk to Ainsdale Station is about 3½ miles on the shortest route through the Ainsdale National Nature Reserve. It is a popular walk on easy paths.

#### Circular Walks



Freshfield Station is the starting point for many popular walks. Fisherman's Path is very attractive and is used for a circular walk returning by Victoria Road. On the National Nature Reserve you can enjoy a medium length circular walk on Woodland Path and Dobson's Ride (3½ miles) or the complete circuit of the reserve (about 7 miles). The circuit is one of the classic walks on the coast.

#### Coastal Path



Freshfield is the half-way point on the coastal path. It can be used as a base for planning the walks over two days. The section from Freshfield to Hillside Station (5 miles) takes in the finest nature reserves on the coast.



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#### Further Information:

The National Trust's property at Freshfield is famous for its Red Squirrel Reserve. Leaflets, nuts for the squirrels and other information is available from the Warden's Office on Victoria Road, Freshfield, or phone 017048 78591.

English Nature welcomes visitors to the Ainsdale National Nature Reserve. A reserve leaflet is available from the Site Manager. For further information phone 01704 578774.

FOR INFORMATION ON ALL LOCAL BUSES, TRAINS AND FERRIES RING-



8 am - 8 pm, 7 days a week MINICOM SYSTEM AVAILABLE



Merseytravel's Walkabout Booklet 1 describes 5 short walks along the Sefton Coast.

The walks, which are packed with interest, are gentle enough for people of all ages. This free colour booklet, containing maps and photographs is available from Merseyrail Stations, Merseytravel Ticket & Information Centres or by phoning the Merseytravel Line on 0151-236 7676.

