

# Discover The Sefton Coast

# FORMBY

## Famous for its beach and Britain's first Lifeboat Station



**KEY**

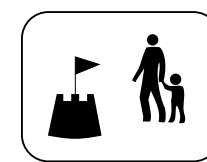
Bathing Beach	Merseyrail Station
Beach Marker Post	National Trust
Car Park	Picnic Area
Church	Public House
English Nature	Public Telephone
Footpath	<b>WC</b> Toilets
Golf Course	
Level Crossing - Beware of trains!	

Whilst every care has been taken to ensure the accuracy of the information given here, neither Sefton Council nor Merseytravel can be held responsible for any inconvenience arising from any errors or inaccuracies.  
Maps are diagrammatic and distances indicated are approximate.  
November 1994



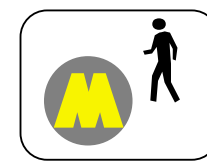
### Welcome to Formby...

#### To Beach



A pleasant 10 minute walk brings you to the pinewoods. The shortest route is through the woods and along a wide path. The old Lifeboat Station lies about half a mile along the beach.

#### Station to Station



Formby Point has many linked paths. It is very easy to plan a walk of about 3 miles which finishes at Freshfield Station, taking in a visit to the squirrel reserve. Toilets are available at the National Trust property.

To walk to Hightown Station (4 miles) follow the coastal footpath through the Formby woodlands, farmland and alongside Altcar Rifle Range.

#### Circular Walk



A circular walk of about 5 miles follow the coastal footpath to Cabin Hill and then return by the beach and the sand dunes to Lifeboat Road.

#### Coastal Path



Formby is a good starting point for a medium length walk to Ainsdale Station (about 7 miles) taking in some of the best dune scenery. A guide to the complete route is available.

#### Further Information:

The dunes and beach at Lifeboat Road are managed by the Sefton Ranger Service. They also look after other sites on the coast and can provide leaflets on request. For further information phone 0151-934 2962.

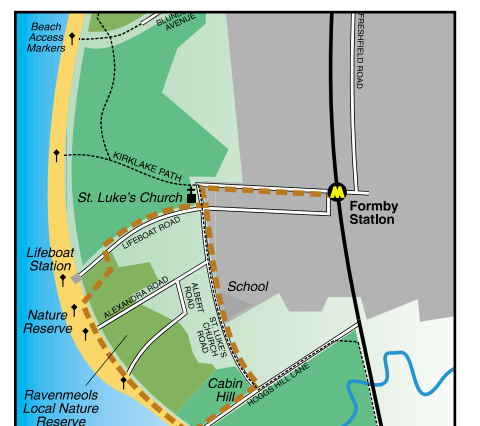
The National Trust's property at Freshfield is famous for its Red Squirrel Reserve. Leaflets and further information is available from the Warden's Office on Victoria Road, Freshfield, or phone 01704 878591.



Merseytravel's Walkabout Booklet 1 describes 5 short walks along the Sefton Coast. The walks, which are packed with interest, are gentle enough for people of all ages.



This free colour booklet, containing maps and photographs is available from Merseyrail Stations, Merseytravel Ticket & Information Centres or by phoning the Merseytravel Line on 0151-236 7676



FOR INFORMATION ON ALL LOCAL BUSES, TRAINS AND FERRIES RING-



**0151-236 7676**

8 am - 8 pm, 7 days a week MINICOM SYSTEM AVAILABLE



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